

HANDMADE

PLANT-BASED

ECO-FRIENDLY

# WELCOME TO ECOOCARE

More than a service, a sustainable experience!



ECOOCARE

## ABOUT ME

# Kamile DeLong

Passionate about health, sustainability, and community impact, I bring my personal and professional experiences together to create meaningful solutions. With a Nutrition knowledge and a strong connection to environmental and social causes, I strive to make a difference through my work.



**Brazilian**, married, and speak Portuguese, Spanish, and basic English.



**Studied Nutrition in Brazil**, gaining strong expertise in healthy eating and dietary balance.



**I have overcome IBS**, which gives me firsthand understanding of dietary challenges and the need for inclusive solutions.

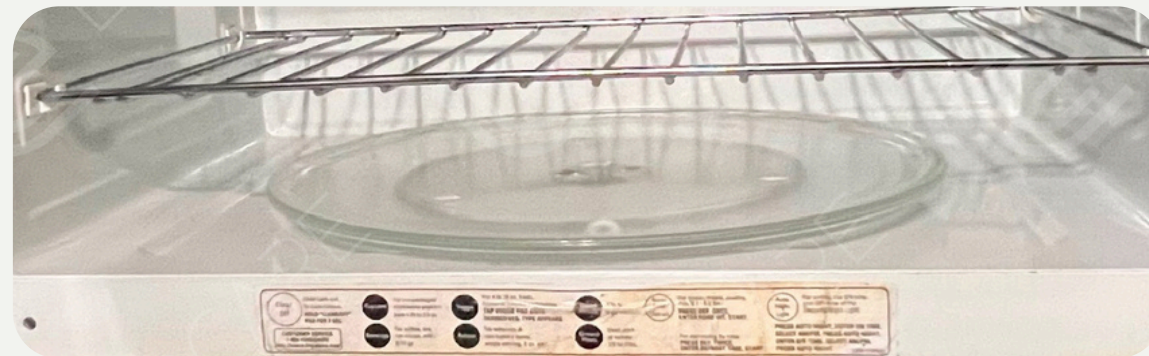


**Strong advocate** for environmental sustainability and social causes.



**Active in volunteer work**, supporting communities whenever possible through my company.

# What is ECO CARE?



**Founded in 2022** in Florida and now serving Virginia Beach since 2024, EcoCare is dedicated to providing specialized services in cleaning, organization, and maintenance for both residential and commercial spaces.

**Our difference:** Sustainable services that combine cleanliness and well-being.

## Eco-friendly approach

We use vegan, handmade, and aromatherapeutic products crafted by me and incorporated into all our services.



# What we offer?

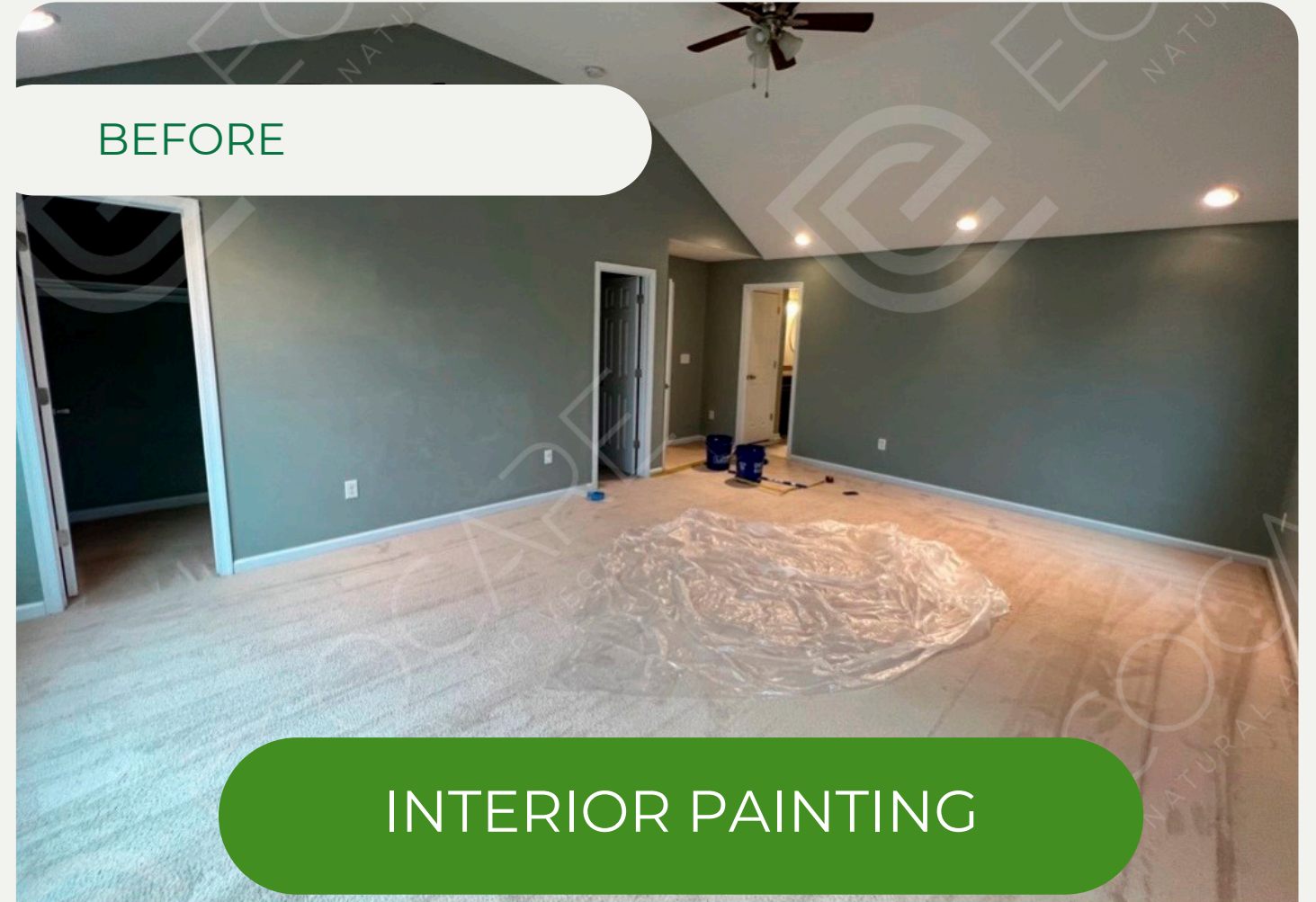
## HOME SERVICES

- ✓ Carpet cleaning.
- ✓ Pressure washing.
- ✓ Interior and exterior painting.
- ✓ Interior and exterior window cleaning.
- ✓ Residential and commercial cleaning (Regular, Deep, Move-in, Move-out, Airbnb, Offices)
- ✓ Other services: Laundry Services, Pet Sitting, Residential & Commercial Organization.



AIRBNB CLEANING

BEFORE



INTERIOR PAINTING

AFTER





### ECO-FRIENDLY

Designed to minimize environmental impact, from production to disposal.



### VEGAN

Free from animal-derived ingredients, respecting all forms of life.



### Cruelty-Free

Never tested on animals, reinforcing our ethical commitment.



### Natural Ingredients

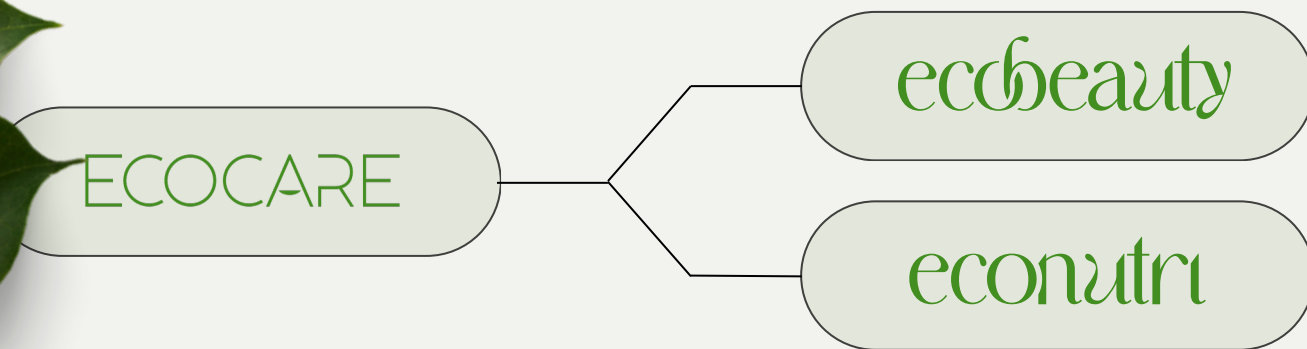
Made with carefully selected plant-based components, ensuring safety and effectiveness.

## A Sustainable Concept

**At EcoCare**, we go beyond cleaning, we embrace a holistic approach to well-being and sustainability through our exclusive products. All our products are handcrafted and thoughtfully incorporated into our services to promote a cleaner, healthier, and more balanced environment. We also offer inclusive meals, with plant-based, veggie, and IBS-friendly options, including organic eggs, chicken, turkey or seafood.

# More Than a Service, a Lifestyle

EcoCare started as a sustainable cleaning service, but our vision has always been bigger. Over time, we expanded our mission, giving rise to EcoBeauty and EcoNutri, two segments that share our commitment to sustainability and well-being.



# Natural Cosmetics and Self-Care

**ECOBEAUTY** offers plant-based, eco-friendly, and handcrafted products, promoting balance between body and nature. Beyond skincare, it provides treatments like relaxing massages and deep hair hydration for a complete self-care experience.



ecobeaauty

## ECO-FRIENDLY COSMETICS

Plant-based, handcrafted, and aromatherapeutic products for body, face, and hair. Personalized formulas designed to meet your needs and enhance your well-being.

## AT-HOME SPA SERVICES

**Relaxation & Skincare** – Facial cleansing, relaxing massage, and facial massage.

**Hair Treatments** – Personalized hair care routines and scalp massage.

**Hands & Feet Care** – Foot and hand spa, nail design.

**Body Treatments** – Clay therapy and other natural procedures.

HEALTHY FOOD ECOCARE EXPANSION



# Inclusive Nutrition for Everyone

**ECONUTRI** offers healthy, eco-friendly, and handcrafted meals, made with high-quality ingredients. Our focus is on health, flavor, and sustainability, providing nutritious options that respect both you and the planet.

Healthy and inclusive meals, gluten-free, sugar-free, lactose-free, low FODMAP, low-carb and plant-based options.



## Inclusive Nutrition

Gluten-free, lactose-free, and sugar-free options (sweetened with monk fruit, allulose, coconut nectar or handcrafted date honey).

## Gut-Friendly Meals

IBS-friendly options with organic eggs, chicken, turkey or seafood, as well as plant-based and veggie alternatives, all packaged sustainably.

## Handcrafted Quality

Every meal is carefully prepared by hand, ensuring healthier and more accessible nutrition.

# More than a Business

We aim to offer more than services: a sustainable experience.



Creating a positive impact through the environment, health, and well-being.



Volunteer work and social actions are part of our commitment.



We create transformative environments and experiences through personalized and sustainable aromatherapeutic products.



# JOIN US IN THIS TRANSFORMATION!



ECO CARE econutri ecobeauty



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**Mrs. Kamile DeLong**